

## **WEEK 7** EASTER SUNDAY

Mark 16:1-7 NITV

'The Sabbath day ended. Mary Magdalene, Mary the mother of James, and Salome bought spices. They were going to use them for Jesus' body. Very early on the first day of the week, they were on their way to the tomb. It was just after sunrise. They asked each other, 'Who will roll the stone away from the entrance to the tomb?' Then they looked up and saw that the stone had been rolled away. The stone was very large. They entered the tomb. As they did, they saw a young man dressed in a white robe. He was sitting on the right side. They were alarmed. 'Don't be alarmed,' he said. 'You are looking for Jesus the Nazarene, who was crucified. But he has risen! He is not here! See the place where they had put him. Go! Tell his disciples and Peter, 'He is going ahead of you into Galilee. There you will see him. It will be just as he told you."

4.

The young man at the tomb told the women to go and tell his disciples that Jesus was alive. Who could you tell that to today?

Take a picture of yourselves on your walk. Send it to the person you thought of, with the words, 'He is risen,' or send a picture of your cross or stone with the same words.

You could make a card with the message, or go and visit someone to tell them. Go and do it!



As you walk, look for round things.

Every time you see something round, think about the stone that was rolled away from the tomb and say to each other, 'He is risen! He is not here!'



If you did the Good Friday walk, take the cross you made with you on this walk.

If you haven't made a cross already
find two sticks or twigs and make
them into a cross. Use string or an
elastic band to join them together, and
take the cross with you.

Find a stone on your walk and carry it home with the cross.

Once you are home put the cross and stone together somewhere (if you have time you could **make a little garden** for them using a pot and some earth, like the garden where the tomb was) to remind you that Jesus didn't stay dead, he is alive, and with us forever!

You can walk anywhere! Just pick a local route, and follow activities 1-4