

1. Mark 9:2-4, 7 NIRV

‘After six days Jesus took Peter, James and John with him. He led them up a high mountain. They were all alone. There in front of them his appearance was changed. His clothes became so white they shone. They were whiter than anyone in the world could bleach them. Elijah and Moses appeared in front of Jesus and his disciples. The two of them were talking with Jesus... Then a cloud appeared and covered them. A voice came from the cloud. It said, ‘This is my Son, and I love him. Listen to him!’”

4.

Stop walking and be as quiet as you can.
What can you hear?
Traffic? People? Birds?

While you are quiet try listening to Jesus.

Chat about what you think he might be saying and what you could do to listen to him more.

2.

Try and walk somewhere that is higher than where you started. It could be a little hill or a big hill.

When you get to the top read the Bible passage.

Two famous people from the Old Testament part of the Bible are talking with Jesus on the mountain. What would you like to talk to Jesus about right now?

3.

Look out for all the different colours that you see on your walk, name them.

Did you see anything white? Why do you think Jesus clothes turned white and shiny in this part of the Bible?

Wonder together about what was going on.

You can walk anywhere! Just pick a local route, and follow activities 1-4

