## Wonder Walks

## WEEK 1

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## Mark 1:9-11 NIRV

'At that time Jesus came from Nazareth in Galilee. John baptised Jesus in the Jordan River. Jesus was coming up out of the water. Just then he saw heaven being torn open. Jesus saw the Holy Spirit coming down on him like a dove. A voice spoke to him from heaven. It said, 'You are my Son, and I love you. I am very pleased with you."

## 2.

In the Bible being baptised is a sign that someone belongs to God and wants to follow him. Do something with water on your walk...

Have a drink of water Jump in a puddle Throw a stick or a stone into a river

Chat or think about what it means to follow God.

4.

Jesus is God's Son. God loves him and is pleased with him.

Make the shape of a love heart with stuff you find on your walk e.g. leaves, sticks, stones or draw one with your finger in some sand, gravel or dust.

As you draw try and remember the words that God the Father said to Jesus.

You can walk anywhere! Just pick a local route, and follow activities 1-4

3.

Jesus saw a dove and knew it was the Holy Spirit coming to be with him.

**Try and spot some birds on your walk.** When you see one ask the Holy Spirit to help you with something. It says in the Bible that the Holy Spirit is our helper.